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|--|--|--|---|---|--|
| ※Using correction tapes/white-outs is allowed for items other than "Applicant's Signature".  |  | PERSONAL HISTORY STATEMENT 履歴書   |   | Please use the Western Calendar for dates throughout this Form. (yyyymmdd) 8-digit  |  |
| As stated here, please use the separate paper (A4 size) when you need more spaces to fill in information. Please annotate the block number (s) when using a separate paper. You can also attach a copy of the blank USFJ Form 196aEJ. Please make sure to put all papers together with a staple on the left top.   |  | PERSONAL ACT STATEMENT 個人情報保護について  |   | This information is for the use of USFJ installations only. It is not to be used for other purposes. The information provided may be disclosed to any DoD component in the pursuit of their official duties. 提供された情報は、国防省のいかなる構成機関に対しても、その任務遂行のために開示されることがあります。この形式で収集された情報は、USFJの施設で収集された個人情報です。 |  |
| 情報開示の義務付け又は任意の別：この様式で求められる情報は、履歴書を収集する在日米軍施設の職員にとって必要不可欠なものです。   |  |  |   |   |  |
| USFJ SERVICE COMPONENT VACANCY ANNOUNCEMENT INFORMATION 在日米軍空席広報情報   |  |  |   |   |  |
| VACANCY ANNOUNCEMENT NO. 空席広報番号  |  |  | CLOSING DATE 空席広報締切日  |   |  |
| MLC(Z)06A-000  |  |  | 20260415  |   |  |
| JOB TITLE, JD #, BWT, AND GRADE 応募職種名、職種番号、基本給表及び等級  |  |  | AVAILABLE REPORTING DATE 入職可能日  |   |  |
| IT Assistant, #548, BWT 1-5  |  |  | 20261001  |   |  |
| APPLICANT INFORMATION 応募者情報  |  |  |   |   |  |
| 1. ALPHABET NAME (LAST, FIRST) ローマ字氏名 (姓、名)  |  | 1a. KANJI NAME (KATAKANA) 漢字氏名 (フリガナ)  |   | 2. DATE OF BIRTH (YYYYMMDD) 生年月日 (西暦)   |  |
| TOKYO, Taro  |  | トウキョウ タロウ<br>東京 太郎   |   | 19701212  |  |
| 3. OTHER NAMES EVER USED (MAIDEN NAME, ALTERNATE SPELLINGS, ETC.) 他に使用したことがある氏名 (旧姓、異なるローマ字表記等)  |  |  |   |   |  |
| 4. PRESENT ADDRESS 現住所 (〒 XXX - XXXX )   |  |  |   |   |  |
| 1-1-1, Lmo-cho, Minato-ku, Tokyo   |  |  |   |   |  |
| 5. E-MAIL ADDRESS Eメールアドレス   |  |  | Write ALL citizenships if you have multiple citizenships. If you do NOT have a Japanese citizenship, attach a copy of your valid Residence Card or Special Permanent Resident Certificate, Passport, and Permanent Resident Visa. |   |  |
| lmo-031@gmail.com  |  |  |   |   |  |
| 7. ARE YOU ABLE TO WORK UNDER THE CONDITIONS STATED IN THE VACANCY ANNOUNCEMENT, I.E., HOURS OF WORK, PHYSICAL, ETC?<br>空席広報に記載されている勤務時間、身体状況等の条件で勤務することができますか？  |  |  |   |   |  |
| <input checked="" type="checkbox"/> YES はい <input type="checkbox"/> NO いいえ   |  |  |   |   |  |
| 8. CITIZENSHIP(S) 国籍   |  | 9. RESIDENCE CARD NUMBER, RESIDENCE STATUS, AND VALIDITY PERIOD (ATTACH A COPY)<br>在留カード番号、在留資格、及び有効期限 (写しを添付する) |   |   |  |
| Japan  |  | None   |   |   |  |
| 10. ARE YOU A SPOUSE OR FAMILY MEMBER OF A SOFA MEMBER? 米国人軍人/軍属の配偶者または家族ですか？  |  |  |   |   |  |
| <input type="checkbox"/> YES はい <input checked="" type="checkbox"/> NO いいえ   |  |  |   |   |  |
| IF YES, PROVIDE YOUR SPONSOR'S NAME, RELATIONSHIP, ASSIGNED UNIT AND INSTALLATION.<br>「はい」の場合、スポンサーの氏名、続柄、職位及び所属部隊、施設名を記入してください。   |  |  |   |   |  |
| NAME OF SPONSOR スポンサー氏名  |  | RELATIONSHIP 続柄  |   | POSITION 職位   |  |
|  |  |  |   | UNIT/INSTALLATION 部隊/施設名  |  |
|  |  |  |   |   |  |
| 11. DO ANY OF YOUR RELATIVES (*) WORK FOR USFJ? あなたの親族(*)で在日米軍で勤務している者はいますか？   |  |  |   |   |  |
| <input type="checkbox"/> YES はい <input checked="" type="checkbox"/> NO いいえ   |  |  |   |   |  |
| *Relative: father, mother, son, daughter, brother, sister, uncle, aunt, first cousin, nephew, niece, husband, wife, father-in-law, mother-in-law, brother-in-law, sister-in-law, stepfather, stepmother, stepson, stepdaughter, stepbrother, stepsister, half-brother, half-sister, or common law spouse<br>*親族：父、母、息子、娘、兄弟、姉妹、おじ、おば、いとこ、おい、めい、夫、妻、義父、義母、義理の兄弟、義理の姉妹、継父、継母、継息子、継娘、継兄弟、継姉妹、異母（異父）兄弟、異母（異父）姉妹、内縁の配偶者 |  |  |   |   |  |
| IF YES, LIST ALL RELATIVES WHO CURRENTLY WORK FOR USFJ. PROVIDE NAME, RELATIONSHIP, POSITION, ASSIGNED UNIT AND INSTALLATION.<br>「はい」の場合、在日米軍で勤務する全ての親族の氏名、続柄、職位及び所属部隊、施設名を記入してください。   |  |  |   |   |  |
| NAME OF RELATIVE 親族氏名  |  | RELATIONSHIP 続柄  |   | POSITION 職位   |  |
|  |  |  |   | UNIT/INSTALLATION 部隊/施設名  |  |
|  |  |  |   |   |  |
|  |  |  |   |   |  |
|  |  |  |   |   |  |
| 12. HAVE YOU EVER BEEN ARRESTED, INDICTED, OR CONVICTED FOR ANY VIOLATION OF LAW NOT LIMITED TO JAPAN (INCLUDING TRAFFIC VIOLATIONS AND ACCIDENTS)?<br>IF YES, WRITE DETAILS. 日本国内に限らず、法律違反（交通事故を含む）をこれまで受けたことがありますか？もしあれば、その詳細を記入してください。法律違反がない場合は、「なし」と記入してください。   |  |  |   |   |  |
| None   |  |  |   |   |  |
| When you are downloading this Form from internet or already have the Form in an electronic format, please ensure to use the most current version. The most current version has the date of "20260415" at the left bottom of the Form.  |  |  |   |   |  |

13. QUALIFICATIONS, LICENSES, CERTIFICATIONS, AND JOB RELATED SKILLS 資格、免許証、証明書、その他の技能  
INCLUDE THE DATE EARNED/RENEWED AND ATTACH A COPY OF QUALIFICATIONS, LICENSES, CERTIFICATIONS, ETC.  
取得年月日を記載し、資格・免許証・証明書等の写しを添付する。

• Ordinary Driver's License, 19XX  
• Certificate of Software Development Engineering, 20XX  
• License, 20XX  
• TOEIC ( 870 ), 20XX  
• I am able to lift up 10kg objects.

Annotate your score of language proficiency test such as TOEIC, if any.  
Attach a copy of certificate of all your certificates and licenses to this form.

MICROSOFT SKILL マイクロソフトスキル  
INDICATE YOUR COMPETENCY LEVEL USING THE FOLLOWING NUMBER.  
使用できるソフトの能力レベルを以下の数字で記入してください。  
0. NONE なし 1. BASIC 初級  
2. INTERMEDIATE 中級 3. ADVANCED上級  
WORD ワード 0  
EXCEL エクセル 0  
POWERPOINT パワーポイント 0  
ACCESS アクセス 0  
OTHER その他 0

14. ENGLISH LANGUAGE PROFICIENCY LEVEL (LPL) 英語能力  
ATTACH A COPY OF ENGLISH LPL CERTIFICATE 英語能力試験証明書の写しを添付する。

TYPE OF ENGLISH LPL TEST/SCORE LEVEL 英語能力試験の種類/点数または等級

TOEIC 870

TOEFL

EIKEN 英検

ALCPT

OTHER (SPECIFY) その他 (明記する)

☐ I DO NOT HAVE ANY OF THE ABOVE LISTED ENGLISH LANGUAGE PROFICIENCY CERTIFICATES. 私は上記いずれの英語能力試験証明書を持っていません。

Start from current education chronologically to Elementary School.

15. EDUCATION (START FROM CURRENT EDUCATION) 学歴 (新しい学歴から時系列で記載する。)

SCHOOL NAME 学校名  
Minato Institute of Technology  
ADDRESS 所在地  
4-4, Lmo-cho, Minato-ku, Tokyo  
MAJOR 専攻  
BS in Information Technology

Check "YES" for other than transfer, drop out, currently enrolled, or currently absent.  
"GRADUATED (YES)" includes completion

If you are currently enrolled or absent, no need to check "YES" or "NO" but fill in the current status

MONTH/YEAR (MMM/YYYY) 月/年 (西暦)  
GRADUATED 卒業  
FROM より  
Apr, 1989  
TO まで  
Mar, 1993  
YES 卒業  
NO 中退  
☒☐

SCHOOL NAME 学校名  
LMO High School ( Study Abroad )  
ADDRESS 所在地  
SFO, CA, USA  
MAJOR 専攻  
General

Enter "Study Abroad" after the name of school if you attended as an international student.  
Include "City", "State", and "Country" if outside Japan.

MONTH/YEAR (MMM/YYYY) 月/年 (西暦)  
GRADUATED 卒業  
FROM より  
Apr, 1987  
TO まで  
Mar, 1989  
YES 卒業  
NO 中退  
☒☐

SCHOOL NAME 学校名  
Minato High School, Minato Ward, Tokyo  
ADDRESS 所在地  
3-3, Lmo-cho, Minato-ku, Tokyo  
MAJOR 専攻  
General

MONTH/YEAR (MMM/YYYY) 月/年 (西暦)  
GRADUATED 卒業  
FROM より  
Apr, 1986  
TO まで  
Mar, 1987  
YES 卒業  
NO 中退  
☒☐

SCHOOL NAME 学校名  
Minato Junior High School, Minato Ward, Tokyo  
ADDRESS 所在地  
2-2, Lmo-cho, Minato-ku, Tokyo  
MAJOR 専攻

MONTH/YEAR (MMM/YYYY) 月/年 (西暦)  
GRADUATED 卒業  
FROM より  
Apr, 1983  
TO まで  
Mar, 1986  
YES 卒業  
NO 中退  
☒☐

SCHOOL NAME 学校名  
Minato Elementary School, Minato Ward, Tokyo  
ADDRESS 所在地  
1-1, Lmo-cho, Minato-ku, Tokyo  
MAJOR 専攻

MONTH/YEAR (MMM/YYYY) 月/年 (西暦)  
GRADUATED 卒業  
FROM より  
Apr, 1977  
TO まで  
Mar, 1983  
YES 卒業  
NO 中退  
☒☐

USFJ FORM 196aEJ, 20260415 (EF)

PREVIOUS EDITIONS ARE OBSOLETE

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|  |  |                       |
|--|--|-----------------------|
| 16. WORK HISTORY 職歴  |  |                       |
| LIST OF JOBS YOU HAVE HELD (STARTING FROM CURRENT JOB CHRONOLOGICALLY).  |  |                       |
| IF ADDITIONAL SPACE IS REQUIRED, USE SEPARATE SHEET OF PAPER FOLLOWING THE BELOW INFORMATION FORMAT.   |  |                       |
| 現在の職から時系列で記載してください。  |  |                       |
| 追加の記入欄が必要な場合は、下記の情報形式を使用して別紙に記入してください。   |  |                       |
| JOB TITLE (IF USFJ EMPLOYEE, INCLUDE BWT AND GRADE) 職種（現在日米軍従業員は、基本給表及び等級も記入）  |  | WORK HOURS/WEEK 週勤務時間 |
| Sales Clerk  |  | 40                    |
| ORGANIZATION (COMPANY) NAME AND ADDRESS 部隊（会社）名及び所在地   | <input type="checkbox"/> Permanent 常用/正社員 <input type="checkbox"/> Trial 試用                            | FROM (MMM/YYYY)       |
| SAN-A ●●Store （ Dispatch ）   | <input type="checkbox"/> Limited term (LTE) 限定 <input type="checkbox"/> Post-Retirement (PRE) 高齢       | より（月/年）西暦             |
| 1-1 ○○-cho Shinagawa-ku, Tokyo   | <input type="checkbox"/> Hourly Paid Temporary (HPT) 時給制 <input checked="" type="checkbox"/> N/A 該当しない | May, 2025             |
| <input type="checkbox"/> ARMY 陸 <input type="checkbox"/> AIR FORCE 空 <input type="checkbox"/> NAVY 海 <input type="checkbox"/> MARINE 海兵 <input type="checkbox"/> AAFES   | FIXED TERM (LTE/HPT/PRE) NTE DATE  | TO PRESENT            |
| <input checked="" type="checkbox"/> OTHER・PRIVATE SECTOR ETC. /その他・民間企業など  | 有期雇用（限定/高齢/時給制）の場合、雇用終了予定日   | 現在まで                  |
| 20260930   |  |                       |
| DUTIES (BRIEFLY DESCRIBE YOUR SPECIALIZED WORK EXPERIENCE AND SUPERVISORY RESPONSIBILITIES)  |  |                       |
| 職務内容（実務経験及び監督的責任等を具体的に記入）  |  |                       |
| Displays and sells merchandise in a sales store. Arranges articles on counter. Waits on the counter and receives customers; displays articles for customer's selection; answers inquiries about the articles and helps customers make selections; receives payment; makes change; and rings up sales on cash register. Wraps and gives articles to customer. Replenishes articles from stock room. Posts established stock levels, periodic sales, stock on hand and order quantity on merchandise control sheets. Participates in taking inventories of stock. Performs other related or incidental duties as assigned. |  |                       |
| REASON FOR LEAVING 退職理由  |  |                       |
| Please fill in information for each position even the employer /company is the same  |  |                       |
| JOB TITLE (IF USFJ, INCLUDE BWT AND GRADE) 職種（在日米軍の場合は、基本給表及び等級も記入）  |  | WORK HOURS/WEEK 週勤務時間 |
| Clerk  |  | 40                    |
| ORGANIZATION (COMPANY) NAME AND ADDRESS 部隊（会社）名及び所在地   | <input type="checkbox"/> Permanent 常用/正社員 <input type="checkbox"/> Trial 試用                            | FROM (MMM/YYYY)       |
| SAN-A ●●Store （ Dispatch ）   | <input type="checkbox"/> Limited term (LTE) 限定 <input type="checkbox"/> Post-Retirement (PRE) 高齢       | より（月/年）西暦             |
| 1-1 ○○-cho Shinagawa-ku, Tokyo   | <input type="checkbox"/> Hourly Paid Temporary (HPT) 時給制 <input checked="" type="checkbox"/> N/A 該当しない | Nov, 2020             |
| <input type="checkbox"/> ARMY 陸 <input type="checkbox"/> AIR FORCE 空 <input type="checkbox"/> NAVY 海 <input type="checkbox"/> MARINE 海兵 <input type="checkbox"/> AAFES   |  | TO                    |
| <input checked="" type="checkbox"/> OTHER・PRIVATE SECTOR ETC. /その他・民間企業など  |  | まで                    |
| Apr, 2025  |  |                       |
| DUTIES (BRIEFLY DESCRIBE YOUR SPECIALIZED WORK EXPERIENCE AND SUPERVISORY RESPONSIBILITIES)  |  |                       |
| 職務内容（実務経験及び監督的責任等を具体的に記入）  |  |                       |
| Performs a variety of clerical tasks such as simple filing, sorting, posting and record keeping. Works under immediate supervision from detailed instructions with little or no latitude to exercise independent judgment. Performs other related or incidental duties as assigned.  |  |                       |
| REASON FOR LEAVING 退職理由  |  |                       |
| Please fill in the reason for leaving the former job or the current job to the extent that it is not a problem.  |  |                       |
| Transfer（Assigned to different duties）   |  |                       |

Make sure to fill in unemployment periods if any.

16. WORK HISTORY (CONTINUED) 職歴（続き）

|  |   |   |
|--|---|---|
| JOB TITLE (IF USFJ, INCLUDE BWT AND GRADE)<br>Unemployed   | 職種（在日米軍の場合は、基本給表及び等級も記入）  | WORK HOURS/WEEK 週勤務時間   |
| ORGANIZATION (COMPANY) NAME AND ADDRESS 部隊（会社）名及び所在地<br>_____<br>_____<br><input type="checkbox"/> ARMY 陸 <input type="checkbox"/> AIR FORCE 空 <input type="checkbox"/> NAVY 海 <input type="checkbox"/> MARINE 海兵 <input type="checkbox"/> AAFES<br><input type="checkbox"/> OTHER・PRIVATE SECTOR ETC. /その他・民間企業など | <input type="checkbox"/> Permanent 常用/正社員<br><input type="checkbox"/> Trial 試用<br><input type="checkbox"/> Limited term (LTE) 限定<br><input type="checkbox"/> Post-Retirement (PRE) 高齢<br><input type="checkbox"/> Hourly Paid Temporary (HPT) 時給制<br><input type="checkbox"/> N/A 該当しない | FROM (MMM/YYYY)<br>より(月/年) 西暦<br>Apr, 2020<br>TO<br>まで<br>Oct, 2020 |
| DUTIES (BRIEFLY DESCRIBE YOUR SPECIALIZED WORK EXPERIENCE AND SUPERVISORY RESPONSIBILITIES)<br>職務内容（実務経験及び監督的責任等を具体的に記入）   |   |   |


|                         |
|-------------------------|
| REASON FOR LEAVING 退職理由 |
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|  |  |   |
|--|--|---|
| JOB TITLE (IF USFJ, INCLUDE BWT AND GRADE)<br>Clerk  | 職種（在日米軍の場合は、基本給表及び等級も記入）   | WORK HOURS/WEEK 週勤務時間<br>40   |
| ORGANIZATION (COMPANY) NAME AND ADDRESS 部隊（会社）名及び所在地<br>LMO Bank Inc. ●●Branch<br>1-1 ○○-cho Toshima-ku, Tokyo<br><input type="checkbox"/> ARMY 陸 <input type="checkbox"/> AIR FORCE 空 <input type="checkbox"/> NAVY 海 <input type="checkbox"/> MARINE 海兵 <input type="checkbox"/> AAFES<br><input checked="" type="checkbox"/> OTHER・PRIVATE SECTOR ETC. /その他・民間企業など  | <input checked="" type="checkbox"/> Permanent 常用/正社員<br><input type="checkbox"/> Trial 試用<br><input type="checkbox"/> Limited term (LTE) 限定<br><input type="checkbox"/> Post-Retirement (PRE) 高齢<br><input type="checkbox"/> Hourly Paid Temporary (HPT) 時給制<br><input type="checkbox"/> N/A 該当しない | FROM (MMM/YYYY)<br>より(月/年) 西暦<br>Dec, 2015<br>TO<br>まで<br>Mar, 2020 |
| DUTIES (BRIEFLY DESCRIBE YOUR SPECIALIZED WORK EXPERIENCE AND SUPERVISORY RESPONSIBILITIES)<br>職務内容（実務経験及び監督的責任等を具体的に記入）<br>Performs work in a vault area which involves receiving large quantities of coins and currencies (Yen, US, MPC). Counts with precise accuracy into packs and bundles. Verifies accuracy of count and certifies accuracy on wrappers. Separates mutilated bills from usable currency and makes discerning check for counterfeit bills in the three currencies. Maintains records of cash counted. Performs other related or incidental duties as assigned. |  |   |
| REASON FOR LEAVING 退職理由<br>Department, Constant overtime   | Wet-Ink Signature of Applicant.<br>You may sign your name in Japanese or in English.<br>This form will NOT be accepted without your signature.<br>Corrected signature and seal (han) will also NOT be accepted.  |   |

17. APPLICANT'S CERTIFICATION AND SIGNATURE

応募者の証明及び署名

With signature below, I certify that the information contained herein is the truth to the best of my knowledge and belief.  
I understand that falsification of any items herein may result in the termination of my employment or rejection of my application.  
ここに記載した事柄は私の知る限り、また信じる限り事実であることの証明として署名します。もし、虚偽の記述をした場合には解雇またはこの申し込みが無効になりうることを私は承知しています。

|  |                             |
|--|-----------------------------|
| APPLICANT'S SIGNATURE (DIGITAL OR MANUAL) 応募者署名（電子署名又は手書き署名）<br> | SIGNED DATE 署名日<br>20260415 |
|--|-----------------------------|

18. RECRUITMENT SOURCE SURVEY

募集広告に関するアンケート

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|--|
| SOURCE OF JOB INFORMATION, IF APPLICABLE 応募するにあたり、どのようにして情報を得ましたか？<br>( ) HELLO WORK ハローワーク ( ) USFJ VACANCY 米軍空席広報 ( <input checked="" type="checkbox"/> ) LMO HOME PAGE エルモホームページ ( ) USFJ EMPLOYEE 在日米軍従業員の紹介<br>( ) OTHER その他（具体的に）_____ |
|--|